



Dear friends and members of Adesuwa,

Special Edition: Project Days for the Coker Community

This year our 2 Project Days continued our focus on boosting financial stability and health.

Why these topics matter: In rural Nigeria around 93% of the workforce is engaged in jobs without contracts, job security, or regular salaries, enabling only day-to-day planning. Malaria costs Nigeria's economy \$7.7 annually in lost productivity, while a single malaria episode can cost a family about 3% of monthly income.

By promoting both financial literacy and malaria prevention, communities can improve their resilience, protect their health, and build a more stable future.

With knowledge and inspiration from our 2025 Project Days, 3 tutors and several parents started additional businesses to enhance their financial standing. Due to our borehole construction and hygiene education, diseases were reduced enormously. Our goal in 2026 is to build on and expand this success.



Dr. Bueme prescribes medicine



Boy fills out budget worksheet

Financial Literacy:

The Parents' session kicked off with an expert panel discussion focusing on financial topics such as discipline, saving, and reducing dependence on external support. Attendees discussed the challenges they faced and panelists recommended collaborative farming as a solution, highlighting the benefits of increased productivity, shared resources, and improved

profitability. Training on large-scale marketing strategies and the advantages of operating in groups rounded off the session. Many parents showed interest and sought guidance on how to begin.

The senior students' session centered on acquiring vocational skills to enable earnings and savings from extracurricular jobs. Students learned techniques to equip them with budgeting and planning skills to support them with their future plans.

The younger children participated in outdoor games, designed to encourage discipline and teamwork.

Health:

This project day was divided into 2 parts. Firstly, Doctor Ekueme and nurses lectured to the different groups on relevant topics like preventing and identifying tropical diseases. Without proper treatment malaria and typhoid patients often relapse, so particular focus was placed on these diseases. Lectures were adapted to the interests and knowledge levels of each group.

Afterwards Doctor Ekueme and volunteers examined each Adesuwa family member for general health and fitness, including blood pressure checks and typhoid, worms and malaria tests., Unfortunately, test results showed that 25 family members had malaria and 10 had typhoid. Several parents and children had high blood pressure. All received medicine and advice for further treatment.

To help our families prevent malaria outbreaks, Adesuwa distributed a mosquito net to each family with clear instructions on its use. We are very proud that – with your support – we can help break the chains of financial insecurity and disease for a more promising future!



With heartfelt thanks,
Your Adesuwa e.V. Team

Current news in Nigeria:

Economic improvement in Nigeria – The Economist

<https://www.economist.com/middle-east-and-africa/2026/01/29/nigerias-economy-may-be-back-from-the-brink>

Economic reforms still not enough – Business Day Nigeria

<https://businessday.ng/life/article/from-boom-to-bust-why-reforms-have-failed-to-rebuild-nigerias-economy/>