



Dear friends and members of Adesuwa,

Annual Project Days in Coker Village!

Adesuwa building bridges in high schools and kindergartens

Adesuwa Project Days: A Celebration of Learning and Community

Once again, the annual Adesuwa Project Days were a great success, filled with engaging and educational activities for children and their families. The themes built on crucial topics first introduced in 2024. While last year's focus included family planning, sexual development, and effective discipline, this year centered on positive social interactions and preparing for a brighter future.

To set a joyful tone, the event kicked off with games for all attendees. The children performed a choreographed dance they had practiced with their tutors—encouraging focus and teamwork. A lively spelling game added an educational twist, making the session both fun and meaningful. Tutors worked hard to ensure every child took part.



Since both children and parents had expressed concern about molestation and bullying, Day 1 focused on this topic. To encourage open dialogue, participants were divided into groups—parents, teenagers, and children. Each session began with clear, age-appropriate explanations, and the facilitators acted out scenarios to make key points. Discussions included types, causes, effects, misconceptions, and strategies for handling such situations in everyday life. Each group held a lively Q&A, with strong participation throughout.

In the afternoon, teenagers attended a session on "Future Ambition and Prospects," where they explored different career paths, goal-setting, and decision-making. The Adesuwa kids then created personalized action plans for ongoing growth both academically and physically.

Parents, many of whom are self-employed tradespeople, farmers, or service providers, received practical insights into "Business Management." Topics included budgeting, marketing, financing, and expansion strategies. After a final group Q&A, everyone enjoyed snacks, and donated clothes from supporters in Lagos were distributed—a cheerful close to the day.

Day 2: Health and Peer Influence

The second day focused on “Personal Hygiene” and “Peer Pressure,” again tailored to different age groups. During the interactive peer pressure session, parents shared personal stories and advice. The teenagers’ class was especially dynamic, as they face peer pressure most directly. They received practical tips on resisting negative influence and learned the importance of choosing good role models and building character. Role plays helped participants practice real-life responses to difficult situations.



The importance of hygiene—for both individuals and households—was emphasized as key to staying healthy. Children and parents who had excelled during the year received a scented body spray as a small reward. The day ended with games and an energetic dance competition that even drew in curious onlookers.

Again and again, participants expressed heartfelt thanks for Adesuwa’s dedicated support—made possible by contributions from you, our members and friends.

Building Bridges from Germany to Nigeria

Elsa-Brandström Secondary School



In January, our member Barbara held workshops for grades 5, 8, 10, and 12, combining cultural education with hands-on learning about life in Coker Village. Students participated in an exercise to create a household budget based on real Adesuwa family incomes. They were challenged to make tough

choices—spices or rice? Firewood or a toothbrush? The activity gave them eye-opening insights into life in a very different part of the world.

To support the Tutor Program, students collected plastic bottles for recycling. Adesuwa retrieved them and used the deposit returns to fund tutoring.

St. Antonius Kindergarten

In cooperation with Adesuwa, St. Antonius Kindergarten held a “One World” week. Even the youngest children explored life in faraway countries like Japan, Peru, and Nigeria. They colored pictures, made paper jewelry and fans, and played a memory game with cards from different cultures. Families also donated bottles to support the Tutor Program.

Adesuwa says, “Thanks!”

Thanks to your ongoing support, Adesuwa continues its mission: providing access to education for children in Nigeria and building global cultural awareness. We deeply appreciate your contributions!

Your Adesuwa e.V.

Current news in Nigeria:

Ex-Shell boss tasked with cleaning up Nigeria's oil sector:

<https://www.bbc.com/news/articles/cy70dk03el0o>

Nigerian Energy Minister discusses plans for sustainable energy growth

https://guardian.ng/energy/african-unity-crucial-to-ending-energy-poverty-says-lokpobiri/#google_vignette